**Mental Health Wordsearch**

F M E R Z H R U W M N B H F T

K A Y R R O W E A I J I E P P

S E S S E N L L I N E E A N M

Y C H T M L F T T D F R L R S

D D M D B S H N S F E A T I B

M O O E M O E S C U E C H K N

Q S I B U M E R F L L F Y X A

F N H G Y N Q U D N I L N C H

G U H O D R U O N E N E H A D

S T J N G J E I I S G S P R W

S N I K E V G V M S S P E M I

E K O F V C A A E O Y S X P H

S U P P O R T H L C D P B X B

E S I C R E X E M O T I O N S

A N T E Y D W B T K K I V C U

**ILLNESSES**

**KINDNESS**

**MIND**

**MINDFULNESS**

**SELFCARE**

**SUPPORT**

**THOUGHTS**

**WELLBEING**

**WORRY**

**BEHAVIOUR**

**BRAIN**

**EMOTIONS**

**ENJOYMENT**

**EVERYBODY**

**EXERCISE**

**FEELINGS**

**HAPPY**

**HEALTHY**