

# Subject Overview 2024 - 2025

**PSHE**



Date Completed: 15/7/25

Curriculum leader: S Carson

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
<b>Reception</b>	Getting to know each other	Feelings – their own and others	How other people see things. Zones of regulation	Being a good friend	Resilience	RH education	Transition into Y1
<b>Year 1</b>	Rights and Responsibilities	Relationships		Feelings and mental well being	People who help us/ staying safe	RH education	Staying healthy
<b>Year 2</b>	Rights, responsibilities and diversity		Staying safe (including anti-bullying, safety and road safety)	Relationships	Respect for me and you	RH education	Staying healthy including mental well being
<b>Year 3</b>	Relationships	Staying safe online	Rights and Responsibilities	Staying safe (including anti bullying and road safety)	Staying healthy including mental well being	RH education	Developing independence
<b>Year 4</b>	Staying safe online	Staying healthy including mental health	Relationships	Jobs and careers	Staying safe (including anti-bullying, safety and road safety)	RH education	The environment
<b>Year 5</b>	Staying Healthy	Staying safe (including anti-bullying, safety and road safety)	Jobs and careers	Staying safe online (including looking after mental health)	Families and friends	SRH education	
<b>Year 6</b>	Staying safe online	Staying healthy including mental health	Staying safe (including anti- bullying, families and friends and e safety)	Money and budgeting		SRH education	