



# Windmill Hill

Monday 27<sup>th</sup> April – Friday 1<sup>st</sup> May 2026

Cost: £520

<https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>





# Agenda

- Welcome to PGL
- Windmill Hill – East Sussex
- The PGL difference
- Multi-Activity
- Adventure activities & evening entertainment
- Accommodation & facilities
- Catering & dietary needs
- Health & safety
- FAQs
- FAQs – suggested payment schedule
- Questions



# Welcome to PGL

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed
- LOtC Quality Badge holder
- Founding member of BAPA
- ABTA bonded





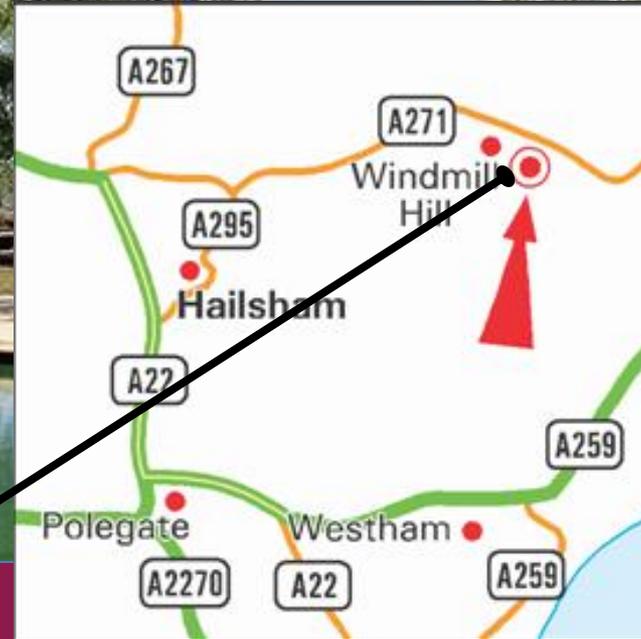
# Windmill Hill – East Sussex

- 23 fantastic adventure activities to choose from
- Large indoor sports hall
- Lakes for watersports
- Explore the 360 Virtual Tour [www.pgl.co.uk/windmill360](http://www.pgl.co.uk/windmill360) to see inside the centre and view activity information and videos





A new centre in 2009, which has had a 7 million pounds investment by PGL



Previously, a golf and tennis club, so the grounds are spacious.





## The PGL difference

- Dedicated PGL 'Groupie' to provide support throughout stay
- Tailor-made programmes
- All accommodation, food, activities and instruction included
- Free evening entertainment
- 24 hour support from centre team



## Multi-Activity

- 4 action-packed adventure activity sessions per day
- Now 2 activities on the day we arrive
- Evening entertainment
- Great for personal development & confidence building
- Increases motivation & appetite for learning



# Adventure activities

- Abseiling
- Aeroball
- All Aboard
- Aquafun
- Archery
- BMX
- Canoeing
- Challenge Course
- Climbing
- Eco Trail
- Fencing
- Giant Swing
- Hiking
- Jacob's Ladder
- Orienteering
- Problem Solving
- Raft Building
- Rifle Shooting
- Sensory Trail
- Sports and Team Games
- Trapeze
- Tunnel Trail
- Zip Wire



## Sample Timetable

**07:00 – Wake up**

**07:30 – Breakfast**

**08:15 – Free time**

**09:15 – Activity 1**

**10:30 – Activity 2**

**12:15 – Free time**

**12:30 – Lunch time**

**13:15 – Free time**

**14:00 – Activity 3**

**15:30 – Activity 4**

**17:00 – Free time**

**17:30 – Dinner time**

**18:15 – Free time**

**19:30 – Evening Activity**

**21:00 - Bedtime!**

**21:30 – Lights out!!**



# Evening entertainment

- 50/50
- Ambush
- Battle of Windmill Hill
- Campfire
- Capture the Flag
- Casino Night
- Disco
- Karaoke
- Passport to the World
- Quiz
- Robot Wars
- Scrapheap Challenge
- Shoe Golf
- Snapchat Challenge
- Top Gear
- Ultimate Frisbee
- Wacky Races



# Accommodation

- Lodges – en suite rooms sleep 5-6

Accommodation for Windmill Hill can be viewed in the 360 virtual tour: <http://www.pgl.co.uk/windmill360>





# Facilities

- **2000m<sup>2</sup> sports hall**
- **Indoor games / recreation area**
- **Sports pitches**
- **Purpose-built BMX track**
- **On-site adventure activities**
- **Disco**
- **Shop**
- **Classrooms / meeting rooms**



## Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Sample menus available online: [www.pgl.co.uk](http://www.pgl.co.uk)



# Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training
- Site security
- First Aid procedures
- Emergency procedures

[www.pgl.co.uk/cop](http://www.pgl.co.uk/cop)



## FAQs

- Insurance
- What to take – kit list
- Valuable items – best left at home
- Pocket money – how much to take - £15
- Electrical appliances – Not needed. No Mobile Phones
- Deodorants – roll-on only please
- Contacting your child – we will update Class Dojo with photos at the end of the day. We are contactable in an emergency.



## FAQs – Suggested Payment Schedule

- £60 paid in July 2025
- £75 October
- £75 November
- £75 January
- £75 February
- £75 March
- £85 in by April 1<sup>st</sup> 2026

Alternatively - £300  
(inclusive of deposit) by  
January 31<sup>st</sup> 2026

And the balance by April 1<sup>st</sup>  
2026.

All payments made by Arbor  
please.



**Thank you for listening**  
**Any questions?**