

# SEN Newsletter

March 2026



## Family Hub Team Summer Term Updates


The family hub have a number of parent courses and drop in sessions that you might find useful. These are all free to access. Please find the details below:

**BUCKINGHAMSHIRE COUNCIL**  
est. 2020


# Free Parenting Programmes

Our parenting programmes will help you develop new and existing parenting skills, offer advice and build your confidence as a parent.

Proud to be part of  
**Family Hub Network**  
Buckinghamshire




Scan me

**LITTLE TALKERS** 


**18 months to 3 years old**

- Focuses on children's speech, language and communication skills and how parents can promote them
- Designed by Buckinghamshire Speech and Language Therapy

**PARENT PUZZLE** 


**0 to 5 years old**

- Understand challenges and how to address them
- How to support your child's growth for calmer parenting

**TALKING TEENS** 


**11 to 18 years old**

- Focuses on relationships within the family, communication, negotiating, decision-making and strategies to reduce conflict
- Learn more about teenagers and their needs

**THE NURTURING PROGRAMME** 


**3 to 11 years old**

- Help deal with the challenges that come with parenting
- Think about what we do, why we do it and how it makes us feel

**BALANCEABILITY** 

**2.5 to 5 years old**

- Accredited learn to cycle programme
- Develops confidence, spatial awareness, dynamic balance, and how to ride without stabilisers

**KEEPING YOUR CHILD IN MIND** 

**All ages**

- Work together in ways that support growing children and a calmer family life
- Explore the conflict between parents/carers both in a current or previous relationship

01296 383293  
familyinfo@buckinghamshire.gov.uk

# Southcourt

## Family Centre Plus



Our team is available to offer support at this centre **9am to 5pm Monday to Friday**.

We run various sessions regularly.

Drop in without an appointment or give us a call.

Proud to be part of

**Family Hub  
Network**  
Buckinghamshire

### Support includes:

- Family routines
- Family relationships
- Parenting
- Mental health
- Domestic abuse or parental conflict
- Difficulties with housing or home conditions
- Risk-taking behaviour
- The impact of substance misuse
- Financial problems and debt
- Young carers
- Vulnerable to exploitation
- Excluded from school or having difficulties going to school



Aylesbury College Campus  
Oxford Road, Aylesbury  
HP21 8PD



[aylesburyfamilyhub@buckinghamshire.gov.uk](mailto:aylesburyfamilyhub@buckinghamshire.gov.uk)  
or call 01296 383 292



**Buckinghamshire  
Council**

For more information please visit  
[familyinfo.buckinghamshire.gov.uk](http://familyinfo.buckinghamshire.gov.uk)

# Drop-ins for young people

Southcourt Family Centre Plus



Monday to Thursday - 9am to 5pm  
Friday - 9am to 4pm



Everyone needs a bit of help  
from time to time.

The Family Hub Team are here to  
do just that. If you are a young  
person, parent or carer in need of  
support come to our drop-in. The  
team can offer:

- ✓ **On the spot support**
- ✓ **Information and advice on a  
range of topics**
- ✓ **Signposting to other services  
that may be able to help**

No need to book, just turn up.

  @BucksFamilyInfo

 01296 383293  familyinfo@buckinghamshire.gov.uk



**Buckinghamshire  
Council**

**Family Hub Network**  
Buckinghamshire





# SEND Peer Support

## Drop-ins for parent/carers

Buckinghamshire Council in partnership with YC2 Young Carers, Forever Colours Children's Hospice and The White Hart are offering a drop-in session for parents and carers of children with SEND. The sessions will provide the opportunity to meet informally and build support networks.

Professionals will be on hand to provide information and signposting support. Children are welcome to attend with parents/carers.



**The White Hart,  
Market Square,  
Buckingham**



**Third Tuesday of  
every month**




**10:00am to 12:00  
midday**

 Please note we cannot comment on individual EHC Plan queries or outcomes.



**Buckinghamshire  
Council**


Proud to be part of  
**Family Hub Network**  
Buckinghamshire



# Free Youth and Children's Courses

Our free online and in-person courses help children and young people understand and manage their emotions better, so they can handle life's changes more easily.

Proud to be part of  
**Family Hub Network**  
Buckinghamshire



Scan me

## MOVING UP TO SECONDARY SCHOOL FOR YEAR 6'S

- Explores what to expect at secondary school.
- Learn skills to make friends, deal with peer pressure and address any worries about the move.
- Practical tips about getting organised.

## HOW TO BUILD CONFIDENCE AND SELF-ESTEEM

11 TO 19 YEAR OLDS (UP TO 25 WITH SEND)

- Explore ways to increase confidence and self-esteem.
- How to deal with peer pressure and setbacks.
- Explores how the online world affects self-esteem.

## HOW TO COPE WITH STRESS, ANXIETY AND LOW MOOD

11 TO 19 YEAR OLDS (UP TO 25 WITH SEND)

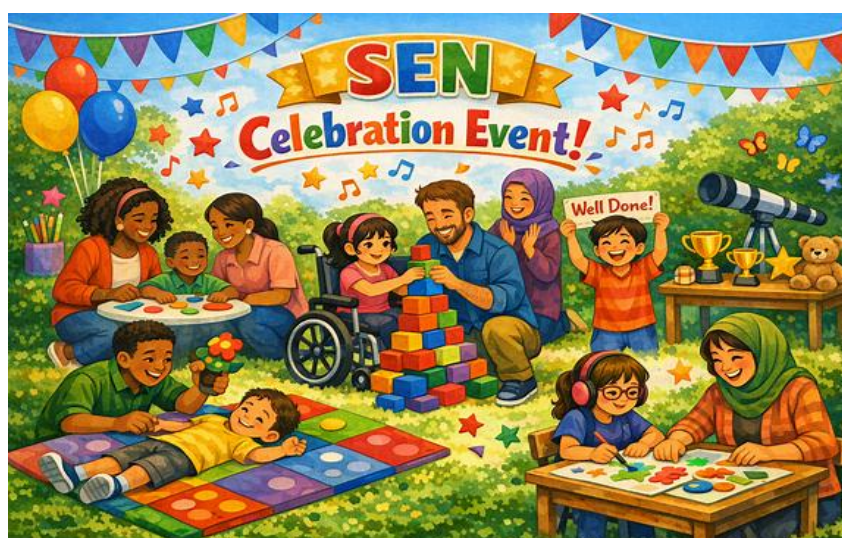
- Introduces creative strategies to feel better and to deal with setbacks.
- Helps young people plan for a brighter future.

01296 383293  
familyinfo@buckinghamshire.gov.uk

## SEN Celebration Event

The parents of all children with SEN should now have received an invitation to our first SEN Celebration Event on **Monday 20<sup>th</sup> April at 2pm** in the school hall. This will be a lovely opportunity for you to spend time with your child, taking part in some of the activities they enjoy in school and celebrating their strengths and achievements.

Please let me know if you are able to attend. If you are not able to come, your child is still very welcome to join the event — just let us know that you would like them to be included.





## Transition to Secondary School

Children in year 6 have recently been allocated their secondary school places for September 2026. Mrs Hutton and I have begun the transition process, liaising with secondary schools to arrange visits and to share information about all the children but in particular those with Special Educational Needs.



I know that many parents of children in other year groups will already be thinking about secondary school. You can apply for a secondary school place from the September that they start year 6. Secondary Transfer tests results are received in October. The deadline for submitting your application is at the end of October. School offer day is at the beginning of March.

If your child has an EHCP then you do not apply for a school place online. An annual review will be held in the summer term of year 5. During this annual review we will make changes to the EHCP to ensure it reflects current needs and is ready for when they start secondary school. Parents will also give their school preferences at this meeting. These can be for specialist and/or mainstream settings. Following the annual review, the local authority sends out consultations to the parental choices and other schools that they think maybe appropriate. You should find out the results of these consultations and be offered a secondary school place shortly before the national offer day. If your child has an EHCP it is important to visit schools early as you need to give your preferences before they are in year 6 when most of the open days take place.

### SEN reviews

By now, you should have had, or been invited to, your SEN review with the class teacher. I've also met with all the teachers to discuss every child on the SEN register, and I'm delighted to hear about the progress they're making.

If you have any questions following your review, or would like to talk things through further, please contact the office to arrange a time to meet.